

# May 2026

## Pulaski Health Care Center Activity Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>C-CAFÉ</b> <b>RL-RESIDENT LOUNGE</b> <b>BS-BEAUTY SHOP</b> <b>O-OUTSIDE</b>					<b>1</b> (RL)9:30-Exercise (BS)10:00-Massage & Aromatherapy (O)11:00-Outdoor Time (C)2:15-Resident Birthday Party (C)3:00-Bingo & Prizes	<b>2</b> Wear Sunglasses Day (C)10:30-Farkle  11:00-Puzzle Pass (O)1:30-I Wear My Sunglasses Outdoors! (C)2:30-Bingo
<b>3</b> (C)10:30-Church Service Live Stream 11:00-Puzzle Pass (O)1:30-Outdoor Time (C)2:30-Bible Trivia	<b>4</b> May the 4th be with You (RL)9:30-Exercise (C)10:00-Farkle 11:00-Bird & Fish Care 11:30-Chronicle Pass (O)1:30-Outdoor Time (C)2:30-Pass the Hat Game (RL)3:30-Music Therapy 6:00- <b>Star Wars &amp; Snack</b>	<b>5</b> (RL)9:30-Exercise (C)10:30- <b>Mike Almon Sings</b> 11:30-Puzzle Pass (O)1:30-Outdoor Time (C)2:30-I Should of Known That Game (RL)3:30-Smarty Pants Trivia	<b>6</b> (RL)9:30-Exercise (C)10:00-Crochet Club 11:00-Puzzle Pass (O)1:30-Lemonade Outside (C)2:30-Karaoke (C)3:30-UMC Church Service	<b>7</b> (RL)9:30-Exercise (C)10:00-Farkle 11:00-Bird & Fish Care <b>1:00-Bingo at Library Outing</b> (O)1:30-Outdoor Time (C)2:30-Adult Coloring (RL)3:30-Music Therapy	<b>8</b> (RL)9:30-Exercise (C)10:00- <b>Coffee Bar w/ Elara</b> (RL)11:00-Music Therapy 1:30-Puzzle Pass (C)2:15-Bingo, Cookies & Prizes (RL)3:30-Sensory Video	<b>9</b> (RL)10:30-UNO 11:00-Puzzle Pass (RL)1:30-Adult Coloring (C)2:15-Bingo
<b>10</b> <b>Mother's Day</b> (C)10:30-Live Stream Church 11:00-Puzzle Pass 12:00- <b>The Wright Musicians Play in Café</b> (BS)1:00-3:30- <b>Mother's Day Makeover &amp; Mimosas</b> 1:30-Junk Drawer Pass (O)2:30-Outdoor Time	<b>11</b> <b>Patriotic Day</b> (RL)9:30-Exercise 10:00-Game 11:00-Bird & Fish Care 11:30-Chronicle Pass 1:00-Game (C)2:15-Red, White & Blue Bar 3:00-Patriotic Cup Challenge (RL)3:30-Patriotic Dice	<b>12</b> <b>Tropical Tuesday</b> (RL)9:30-Exercise 10:30-Banana Split Relay Race (BS)10:45-1:30-Pretty Nails & Beach Boys 11:00-Pineapple Race (O)1:30-Pina Colodas Outdoors 2:30-Game (C)3:00-Luau Roll & Race Dice Game	<b>13</b> <b>Sports Day</b> (RL)9:30-Exercise 10:00-Saran Ball Challenge (C)10:00-Crochet Club 11:00-Puzzle Pass 1:00-Game (O)2:00-Sports Trivia Outdoors 3:00-Basketball Game (C)3:30-UMC Church Service	<b>14</b> <b>Country /Pet Day</b> (RL)9:30-Exercise 10:00-Corn Shucking Contest 10:00- <b>Pet Therapy w/Bev</b> 11:00-Bird & Fish Care 1:00-Watermelon Eating Contest 3:00-Outdoor Time 3:00-Animals in the Courtyard (C)6:30- <b>Forever Praise Sings</b>	<b>15</b> <b>Fun in The Sun Day</b> (RL)9:30-Exercise 10:00-Beach Ball Game (O)10:30-Outdoor Time 1:30-Root Beer Float Pass 1:30-Puzzle Pass 2:00-Water Balloon Toss (C)2:30-Bingo & Prizes 3:30-Game	<b>16</b> (C)10:30-Yahtzee 11:00-Puzzle Pass (O)1:30-Outdoor Time (C)2:30-Bingo
<b>17</b> (C)10:30-Church Service Live Stream 11:00-Puzzle Pass (O)1:30-Outdoor Time & Tunes (C)2:45- <b>Denham Freewill Baptist Singers</b>	<b>18</b> (RL)9:30-Exercise (O)10:00-Outdoor Time 11:00-Bird & Fish Care 1:30-Chronicle Pass (C)2:30- <b>Dulcimer Paul Performs</b> (RL)3:30-Sensory Video	<b>19</b> (RL)9:30-Exercise (O)10-11:30-Pretty Nails & Tunes Outdoors 1:30-Puzzle Pass (C)2:15-Isa Plays Piano (RL)3:30-Faces & Places (C)6:30- <b>Game Night</b>	<b>20</b> (RL)9:30-Exercise (C)10:00-Crochet Club 10:45-11:30- <b>Slushies w/ Heart to Heart</b> (O)1:30-Karaoke Outdoors (C)2:30-Adult Coloring (C)3:30-UMC Church Service	<b>21</b> (RL)9:30-Exercise (C)10:00-Karaoke 11:00-Bird & Fish Care 11:30-Puzzle Pass <b>1:15-Bingo at Riverwood Outing</b> (O)1:30-Outdoor Time (C)2:30-Farkle (RL)3:30-Music Therapy	<b>22</b> (RL)9:30-Exercise (O)10:00-Outdoor Time 11:00-Puzzle Pass (RL)1:30-Wii Bowling (C)2:30-Bingo, Cookies & Prizes (R)3:30-Sensory Video	<b>23</b> (RL)10:30-Adult Coloring 11:00-Puzzle Pass (RL)1:30-UNO (C)2:15-Bingo
<b>24</b> (C)10:30-Church Service Live Stream 11:00-Puzzle Pass (O)1:30-Outdoor Time (C)2:30-Junk Drawer Finds	<b>25</b> <b>Memorial Day</b> (RL)10:30-Wii Bowling 11:30-Chronicle Pass & Memorial Day Puzzle Pass (RL)1:30-Patriotic Music (C)2:30-Bingo	<b>26</b> (RL)9:30-Exercise (O)10:00-Basketball 11:00-Bird & Fish Care 1:30- <b>Pet Therapy w/ Peach &amp; Ash</b> (C)2:30-Isa Plays Piano (RL)3:30-Sensory Video	<b>27</b> (RL)9:30-Exercise (C)10:00-Crochet Club 11:00-Puzzle Pass 1:00- <b>Walmart Outing</b> (O)1:30-Outdoor Time (C)2:30-Adult Coloring (C)3:30-UMC Church Service	<b>28</b> (RL)9:30-Exercise (C)10:00-Painting Creations 11:00-Bird & Fish Care (O)1:30-Karaoke Outdoors (C)2:30-Craft Time (RL)3:30-Faces & Places (RL)6:00-Comedy & Snack	<b>29</b> (RL)9:30-Exercise (BS)10:00-11:30-Massage & Aromatherapy (C)10:30-Resident Council (O)1:30-Outdoor Time (C)2:30-Bingo, Cookies & Prizes (RL)3:30-Music Therapy	<b>30</b> (C)10:30-Scrabble 11:00-Puzzle Pass (O)1:30-Outdoor Time (C)2:30-Bingo
<b>31</b> (C)10:30-Church Service Live Stream 11:00-Puzzle Pass (O)1:30-Outdoor Time (C)2:30-Bible Trivia						

**\*ACTIVITIES ARE SUBJECT TO CHANGE\***