



December 2025

Pulaski Health Care Center Activity Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Peppermint Bark Day (Rl):9:30-Exercise (C):10:00-Painting Wood Christmas Ornaments 11:00-Bird & Fish Care 11:30-Chronicle Pass (Rl):100-Wii Bowling (C):2:30-Hot Chocolate & Peppermint Bark (C):3:30-Karaoke Holiday Decorating	2 (Rl):9:30-Exercise (C):10:00-Mike Almon Performs (Rl):10-11:30-Pretty Nails & Tunes 1:30-Puzzle Pass (C):2:15-Coffee Bar Social (C):3:00-Making Blessing Bags Holiday Decorating	3 (Rl):9:30-Exercise (C):10:00-Tree Trimming in Cafe (Rl):11:00-Tree Trimming in Lounge 1:30-Puzzle Pass (C):2:15-Jigsaw Puzzle Group (C):3:30-UMC Church Service Holiday Decorating	4 December Dice Day (Rl):9:30-Exercise (C):10:00-Farkle 11:00-Bird & Fish Care (Rl):100-Wii Bowling (C):2:15-Hot Chocolate Bar (C):3:00-Name That Christmas Tune 6:00-Pulaski Lights Outing Holiday Decorating	5 (Rl):9:30-Exercise (B):10-11:30-Massage & Aromatherapy 11:00-Puzzle Pass (C):2:15-Resident Birthday Party (C):3:00-Bingo & Prizes Holiday Decorating	6 (Rl):10:30-Wii Family Feud 11:00-Puzzle Pass (Rl):15-Balloon Volley (C):2:15-Bingo
7 (C):10:30-Church Service Live Stream 11:00-Puzzle Pass (Rl):100-NFL Game & Snack (C):2:15-Game Time	8 (Rl):9:30-Exercise (C):10:00-Adult Coloring 11:00-Bird & Fish Care 11:30-Chronicle Pass (Rl):100-Wii Bowling (C):2:15-Farkle (C):3:00-Karaoke	9 Christmas Card Day (Rl):9:30-Exercise (Rl):10:00-11:30-Pretty Nails & Tunes (Rl):1:00-Wii Bowling (C):2:15-Let's make Christmas Cards (Rl):4:00-Cozy Fireplace Video & Cookies 6:00-Pulaski Lights Outing	10 Winter Wonderland Day (Rl):9:30-Exercise (C):10:00-Let's Reminisce Stories of Past Winters 11:00-Singalong around Christmas Tree 1:30-Puzzle Pass (Rl):1:00-Wii Bowling (C):2:15-Painting Creations (Rl):4:00-Music Therapy (C):6:30-Four Ever Praise (C):3:30-UMC Church Service	11 Let it Snow! Day (Rl):9:30-Exercise (C):10:00-Holiday Tea & Cookies 11:00-Bird & Fish Care 1:30-Puzzle Pass (C):2:15-Painting Creations (Rl):4:00-Music Therapy (C):6:30-Four Ever Praise (C):3:30-UMC Church Service	12 (Rl):9:30-Exercise (C):10:00-Farkle 11:00-Singalong around Christmas Tree 1:30-Puzzle Pass (C):2:15-Bingo, Cookies & Prizes (C):3:00-Karaoke	13 Cocoa Day (C):10:30-Bingo 11:00-Puzzle Pass (Rl):15-UNO (Rl):2:15-Christmas Adult Coloring
14 (C):10:30-Church Service Live Stream 11:00-Puzzle Pass 12:00-The Wright Musicians Play in Cafe (Rl):100-Wii Bowling (C):2:15-Junk Drawer Finds	15 Grinch Day (Rl):9:30-Exercise (C):10:00-Christmas Grinch Craft 11:00-Bird & Fish Care 11:30-Chronicle Pass (Rl):100-Wii Bowling (C):2:15-Grinch Movie, Punch & Cupcakes w/Heart to Heart Hospice	16 Scrabble Day (Rl):9:30-Exercise (C):10:00-Smoothie Bar 11:00-Singalong around Christmas Tree (Rl):1:30-3:30-Pretty Nails & Tunes (C):2:15-Isa Plays Piano (C):3:30-Scrabble	17 (Rl):9:30-Exercise (C):10:00-UNO 11:00-Puzzle Pass (Rl):1:30-Cozy Fireplace Video & Hot Chocolate (C):2:30-Christmas Adult Coloring (C):3:30-UMC Church Service (Rl):6:00-It's a Wonderful Life Movie & Snack	18 (Rl):9:30-Exercise (Rl):10:00-Music Therapy 11:00-Bird & Fish Care 1:15-Bingo at Riverwood Outing (Rl):150-Music Therapy (C):250-Adult Coloring (Rl):3:00-Faces & Places	19 Ugly Sweater Day (Rl):9:30-Exercise (C):10:00-Bingo & Prizes 11:15-Singalong around Christmas Tree (Rl):1:00-Christmas Music in Lounge (C):3:00-Resident Christmas Party w/Stephanie Johns Visit From Santa	20 (C):10:30-Karaoke 11:00-Puzzle Pass (Rl):15-UNO (Rl):2:15-Bingo
21 First Day of Winter (C):10:30-Church Service Live Stream 11:00-Puzzle Pass (Rl):15-Balloon Volley (C):2:15-Snowball Game (C):2:45-Denham Freewill Baptist Singers	22 Ding Dong Day (Rl):9:30-Exercise (C):10:00-Farkle & Ding Dongs 11:00-Bird & Fish Care 1:00-Walmart Outing 1:30-Chronicle Pass (Rl):100-Wii Bowling (C):2:15-Adult Coloring (C):3:30-Name That Christmas Tune	23 Creative Candy Cane Day (Rl):9:30-Exercise (C):10:00-Candy Cane Game 11:00-Singalong Around Christmas Tree (Rl):1:30-3:30-Pretty Nails & Tunes (Rl):4:00-Cozy Fireplace Video & Hot Chocolate (C):6:30-PJ's & Popcorn	24 Christmas Eve Eggnog Day (Rl):9:30-Exercise (C):10:00-Scrabble 11:00-Puzzle Pass (Rl):1:00-Wii Bowling (C):2:15-Christmas Story Time & Eggnog (C):3:30-UMC Church Service	25 Merry Christmas (Rl):10:30-Christmas Trivia 11:00-Christmas Puzzle Pass (Rl):1:30-Christmas Comedy (C):2:15-Bingo 10:00-Disney Parks Magical Christmas Day Parade	26 (Rl):9:30-Exercise (B):10-11:30-Massage & Aromatherapy 11:00-Puzzle Pass (C):2:15-Bingo, Cookies & Prizes (C):3:30-Karaoke	27 (Rl):10:30-Wii Bowling 11:00-Puzzle Pass (Rl):15-Adult Coloring (C):2:15-Bingo
28 Chocolate Candy Day (C):10:30-Church Service Live Stream 11:00-Puzzle Pass (Rl):100-UNO (C):2:00-Junk Drawer Finds	29 (Rl):9:30-Exercise (C):10:00-Bingo & Prizes w/Dunes 11:00-Bird & Fish Care 11:30-Chronicle Pass (Rl):100-Wii Bowling (C):2:15-Scrabble (C):3:00-Karaoke	30 Bacon Day (Rl):9:30-Exercise (C):10:00-Bingo & Bacon 11:30-Puzzle Pass (Rl):150-Balloon Volley (C):2:15-Isa Plays Piano (Rl):5:30-Music Therapy	31 New Years Eve (Rl):9:30-Exercise (C):10:00-Reminisce about past New Year Resolutions 11:00-New Years Eve Puzzle Pass (Rl):1:30-Sensory Video (C):2:15-New Years Eve Party (C):3:30-UMC Church Service		C-Cafe Rl-Resident Lounge Bs-Beauty Shop	

Activities Are Subject To Change