






# December 2025

## Pulaski Health Care Center Activity Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>1 Peppermint Bark Day</b> (Rb)9:30-Exercise (C)10:00-Painting Wood Christmas Ornaments 11:00-Bird & Fish Care 11:30-Chronicle Pass (Rb)1:00-Wii Bowling (C)2:30-Hot Chocolate & Peppermint Bark (C)3:30-Karaoke <b>Holiday Decorating</b>	<b>2</b> (Rb)9:30-Exercise (C)10:00-Mike Gilmon Performs (Rb)10:11:30-Pretty Nails & Tunes 1:30-Puzzle Pass (C)2:15-Coffee Bar Social (C)3:00-Making Blessing Bags <b>Holiday Decorating</b>	<b>3</b> (Rb)9:30-Exercise (C)10:00-Tree Trimming in Cafe (Rb)11:00-Tree Trimming in Lounge 1:30-Puzzle Pass (C)2:15-Jigsaw Puzzle Group (C)3:30-UMC Church Service <b>Holiday Decorating</b>	<b>4 December Diez Day</b> (Rb)9:30-Exercise (C)10:00-Farkle 11:00-Bird & Fish Care (Rb)1:00-Wii Bowling (C)2:15-Hot Chocolate Bar (C)3:00-Name That Christmas Tune 6:00-Pulaski Lights Outing <b>Holiday Decorating</b>	<b>5</b> (Rb)9:30-Exercise (BS)10-11:30-Massage & Aromatherapy 1:30-Puzzle Pass (C)2:15-Resident Birthday Party (C)3:00-Bingo & Prizes <b>Holiday Decorating</b>	<b>6</b> (Rb)10:30-Wii Family Feud 11:00-Puzzle Pass (Rb)1:30-Balloon Volley (C)2:15-Bingo
<b>7</b> (C)10:30-Church Service Live Stream 11:00-Puzzle Pass (Rb)1:00-NFL Game & Snack (C)2:15-Game Time	<b>8</b> (Rb)9:30-Exercise (C)10:00-Adult Coloring 11:00-Bird & Fish Care 11:30-Chronicle Pass (Rb)1:00-Wii Bowling (C)2:15-Farkle (C)3:00-Karaoke	<b>9 Christmas Card Day</b> (Rb)9:30-Exercise (Rb)10:00-11:30-Pretty Nails & Tunes (Rb)1:00-Wii Bowling (C)2:15-Let's make Christmas Cards (Rb)4:00-Cozy Fireplace Video & Cookies 6:00-Pulaski Lights Outing	<b>10 Winter Wonderland Day</b> (Rb)9:30-Exercise (C)10:00-Let's Remember Stories of Past Winters 11:00-Singalong around Christmas Tree 1:30-Puzzle Pass (Rb)1:00-Wii Bowling (C)2:15-Coffee & Conversation (C)3:30-UMC Church Service	<b>11 Let it Snow Day</b> (Rb)9:30-Exercise (C)10:00-Holiday Tea & Cookies 11:00-Bird & Fish Care 1:30-Puzzle Pass (C)2:15-Painting Creations (Rb)4:00-Music Therapy (C)6:30-Four Ever Praise	<b>12</b> (Rb)9:30-Exercise (C)10:00-Farkle 11:00-Singalong around Christmas Tree 1:30-Puzzle Pass (C)2:15-Bingo, Cookies & Prizes (C)3:30-Karaoke	<b>13 Cocoa Day</b> (C)10:30-Bingo 11:00-Puzzle Pass (Rb)1:30-UNO (Rb)2:15-Christmas Adult Coloring
<b>14</b> (C)10:30-Church Service Live Stream 11:00-Puzzle Pass 12:00-The Wright Musicians Play in Cafe (Rb)1:00-Wii Bowling (C)2:15-Junk Drawer Finds	<b>15 Grinch Day</b> (Rb)9:30-Exercise (C)10:00-Christmas Grinch Craft 11:00-Bird & Fish Care 11:30-Chronicle Pass (Rb)1:00-Wii Bowling (C)2:15-Grinch Movie, Punch & Cupcakes w/ Hilarious Hilarious	<b>16 Scrabble Day</b> (Rb)9:30-Exercise (C)10:00-Smoothie Bar 11:00-Singalong around Christmas Tree (Rb)1:30-3:30-Pretty Nails & Tunes (C)2:15-Isa Plays Piano (C)3:30-Scrabble	<b>17</b> (Rb)9:30-Exercise (C)10:00-UNO 11:00-Puzzle Pass (Rb)1:30-Cozy Fireplace Video & Hot Chocolate (C)2:30-Christmas Adult Coloring (C)3:30-UMC Church Service (Rb)6:00-It's a Wonderful Life Movie & Snack	<b>18</b> (Rb)9:30-Exercise (Rb)10:00-Music Therapy 11:00-Bird & Fish Care 11:15-Bingo at Riverwood Outing (Rb)1:30-Music Therapy (C)2:30-Adult Coloring (Rb)3:00-Faces & Places	<b>19 Ugly Sweater Day</b> (Rb)9:30-Exercise (C)10:00-Bingo & Prizes 11:15-Singalong around Christmas Tree (Rb)1:00-Christmas Music in Lounge (C)3:00-Resident Christmas Party w/ Stephanie Johns <b>Visit from Santa</b> 	<b>20</b> (C)10:30-Karaoke 11:00-Puzzle Pass (Rb)1:30-UNO (Rb)2:15-Bingo
<b>21 First Day of Winter</b> (C)10:30-Church Service Live Stream 11:00-Puzzle Pass (Rb)1:30-Balloon Volley (C)2:15-Snowball Game (C)2:45-Denham Fryerwill Baptist Singers	<b>22 Ding Dong Day</b> (Rb)9:30-Exercise (C)10:00-Farkle & Ding Dongs 11:00-Bird & Fish Care 11:00-Walmart Outing 1:30-Chronicle Pass (Rb)1:00-Wii Bowling (C)2:15-Adult Coloring (C)3:30-Name That Christmas Tune	<b>23 Creative Candy Canes Day</b> (Rb)9:30-Exercise (C)10:00-Candy Cane Game 11:00-Singalong around Christmas Tree (Rb)1:30-3:30-Pretty Nails & Tunes (Rb)4:00-Cozy Fireplace Video & Hot Chocolate (C)6:30-PJ's & Popcorn	<b>24 Christmas Eve/Egg Nog Day</b> (Rb)9:30-Exercise (C)10:00-Scrabble 11:00-Puzzle Pass (Rb)1:00-Wii Bowling (C)2:15-Christmas Story Time & Egg Nog (C)3:30-UMC Church Service	<b>25 Merry Christmas!</b> (Rb)10:30-Christmas Trivia 11:00-Christmas Puzzle Pass (Rb)1:30-Christmas Comedy (C)2:15-Bingo 10:00-Disney Parks Magical Christmas Day Parade	<b>26</b> (Rb)9:30-Exercise (BS)10-11:30-Massage & Aromatherapy 1:30-Puzzle Pass (C)2:15-Bingo, Cookies & Prizes (C)3:30-Karaoke	<b>27</b> (Rb)10:30-Wii Bowling 11:00-Puzzle Pass (Rb)1:30-Adult Coloring (C)2:15-Bingo
<b>28 Chocolate Candy Day</b> (C)10:30-Church Service Live Stream 11:00-Puzzle Pass (Rb)1:00-UNO (C)2:00-Junk Drawer Finds	<b>29</b> (Rb)9:30-Exercise (C)10:00-Bingo & Prizes w/ Dunks 11:00-Bird & Fish Care 11:30-Chronicle Pass (Rb)1:00-Wii Bowling (C)2:15-Scrabble (C)3:00-Karaoke	<b>30 Bacon Day</b> (Rb)9:30-Exercise (C)10:00-Bingo & Bacon 11:30-Puzzle Pass (Rb)1:30-Balloon Volley (C)2:15-Isa Plays Piano (Rb)3:30-Music Therapy	<b>31 New Years Eve</b> (Rb)9:30-Exercise (C)10:00-Remember about past New Year Resolutions 11:00-New Years Eve Puzzle Pass (Rb)1:30-Sensory Video (C)2:15-New Years Eve Party (C)3:30-UMC Church Service	 <div> <b>C-Café</b>   <b>Rb-Resident Lounge</b>   <b>BS-Beauty Shop</b> </div>		

\*Activities Are Subject To Change\*