



May 2023

Pulaski Healthcare Center Activity Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 (RL)9:30-Exercise (C)10:30-Bingo 11:30-Bird & Fish Care 1:30-Weekly Chronicle Pass (RL)1:30-Wii Bowling (C)2:30-Game Time (O)3:30-Outdoor Time	2 (RL)9:30-Exercise (BS)10:00-11:30-Pretty Nails & Tunes 1:00-Puzzle Pass (O)1:30-Outdoor Time (C)3:00-Farkle	3 Grump Out Day (RL)9:30-Exercise (RL)10:00-Wii Games (O)11:00-Outdoor Time 1:00-Puzzle Pass (RL)1:30-Singalong (C)2:00-Game Time (C)3:00-Name That Tune (RL)6:00-Grumpy Old	4 (RL)9:30-Exercise (RL)10:00-Wii Games (O)11:00-Outdoor Time 11:00-Bird & Fish Care 1:00-Puzzle Pass (C)2:00-Farkle (C)3:00-Bingo, Cookies & Prizes	5 Cinco de Mayo (RL)9:30-Exercise (C)10:00-Cinco de Mayo Social 11:00-Puzzle Pass (O)1:00-Beach Ball Volleyball (C)2:00-Resident Birthday Party (C)3:00-Karaoke Time	6 (RL)9:30-Exercise (C)10:30-Karaoke Time 11:30-Puzzle Pass (O)1:00-Outdoor Time (C)2:00-Bingo
7 (C)10:00-UMC Church Video (RL)11:00-Bible Trivia 1:00-Religious Puzzle Pass (RL)2:00-Wii Games	8 Coconut Cream Pie Day (RL)9:30-Exercise (C)10:30-Bingo 11:30-Bird & Fish Care 1:30-Weekly Chronicle Pass (C)2:00-Coconut Cream Pie Social (O)3:00-Yardzee	9 (RL)9:30-Exercise (BS)10:00-11:30-Pretty Nails & Tunes (C)1:30-Isa plays the Piano 1:30-Puzzle Pass (O)2:30-Connect Four Outdoors	10 (RL)9:30-Exercise (RL)10:00-Wii Games (RL)11:00-Trivia Time 11:30-Puzzle Pass 1:00-Scenic Drive (RL)1:00-Singalong (O)2:00-Outdoor Time (RL)3:00-Funny Animal Video	11 (RL)9:30-Exercise (RL)10:00-Wii Games (O)11:00-Outdoor Time 11:00-Bird & Fish Care 1:00-Puzzle Pass (C)2:00-Tableball (C)3:00-Bingo, Cookies & Prizes (C)6:30-Man in Black Sing	12 (RL)9:30-Exercise (BS)10:00-11:30-Massage & Aromatherapy (RL)11:00-Trivia Time (O)1:00-Beach Ball Volleyball (RL)2:30-Wii Games (RL)3:30-Singalong	13 9:30-Puzzle Pass (C)10:15-Adult Coloring (RL)11:15-Trivia Time (O)1:00-Outdoor Time (C)2:00-Bingo
14 Happy Mothers Day! (C)10:00-UMC Church Video (O)11:00-Outdoor Time 1:00-Mother's Day Puzzle Pass (RL)2:00-Wii Games 3:00-Mother's Day Flower Pass "National Nursing Home Week" →	15 SPORTS DAY 8:45-Exercise 9:30-Saran Ball Challenge 10:30-Basketball Game 11:15-Minute to Win It 11:45-Bird & Fish Care 1:30-Baseball Relay Race 2:30-Table Ball 2:30-Intercom Sports Trivia 3:30-Frisbee Challenge 4:30-Minute to Win It	16 TROPICAL TUESDAY 8:45-Exercise 9:30-Pineapple Relay Race 10:30-Banana Split Race 11:15-Minute to Win It 1:15-Beachball Volleyball Tournament 2:00-Hawaii Daiquiri Hour 3:00-Noodle Ring Toss 3:30-Pretty Nails & Beach Boys 4:15-Waterballoon Game	17 Country Folks/Pets Day 8:45-Exercise 9:30-Corn Shucking Contest 10:15-Farmers Market Fruit & Veggie Stand 10:30-Bingo 11:15-Country Karaoke 1:30-Cornbread Eat Contest 2:00-Cornhole Tournament 3:00-Worm Race 4:00-Courtyard Pet Time	18 TYE DYE DAY 8:45-Exercise 9:30-Pancake Challenge 10:30-Tye Dye Craft 11:15-Minute to Win It 11:45-Bird & Fish Care 1:30-Cheese ball Challenge 2:30-Cupcakes & Iced Coffee 3:15-Bingo & Prizes 4:15-Minute to Win It	19 CARNIVAL DAY 8:45-Exercise *Carnival Treat Guessing* 9:30-11:00-Carnival Games & Prizes 12:00-Cook Out 1:30-Splat the Staff 2:30-Popcorn & Elephant Ear Stands 3:30-Carnival Bingo Scavenger Hunt	20 9:30-Puzzle Pass (RL)10:00-Wii Games (RL)11:15-Trivia Time (O)1:00-Outdoor Time (C)2:00-Bingo
21 (RL)10:00-UMC Church Video (RL)11:00-Bible Trivia 1:00-Religious Puzzle Pass (O)1:30-Outdoor Time (C)3:00-Denham Freewill Baptist Singers	22 (RL)9:30-Exercise (C)10:30-Bingo 11:30-Bird & Fish Care 1:30-Weekly Chronicle Pass (C)2:00-Farkle (O)3:00-Yardzee	23 (RL)9:30-Exercise (O)10:00-Outdoor Time (RL)10:00-Would You Rather? (C)1:30-Isa plays the Piano (BS)2:30-4:00-Pretty Nails & Tunes (RL)3:30-Wii Games	24 (RL)9:30-Exercise (O)10:00-Yardzee (RL)11:00-Singalong 1:00-Puzzle Pass 1:30-Bingo at Riverwood Outing (O)2:00-Karaoke Outdoors (RL)3:00-Funny Animal Video	25 Tea Party Day (RL)9:30-Exercise (RL)10:00-Wii Games (O)11:00-Outdoor Time 11:00-Bird & Fish Care 1:00-Puzzle Pass (C)2:00-Tea & Cookies (C)3:00-Bingo & Prizes	26 (RL)9:30-Exercise (O)10:00-Outdoor Time (RL)11:00-Connect Four (BS)1:00-3:00-Massage & Aromatherapy (C)2:00-UNO (C)3:00-Karaoke Time	27 9:30-Puzzle Pass (C)10:15-Adult Coloring (RL)11:15-Trivia Time (O)1:00-Outdoor Time (C)2:00-Bingo
28 (C)10:00-UMC Church Video (RL)11:00-Bible Trivia 1:00-Religious Puzzle Pass (RL)2:00-Wii Games	29 (RL)9:30-Exercise (C)10:30-Bingo 11:30-Bird & Fish Care 1:30-Weekly Chronicle & Memorial Day Pass (O)2:00-Outdoor Time	30 (RL)9:30-Exercise (BS)10:00-11:30-Pretty Nails & Tunes 1:00-Puzzle Pass 1:30-Ice Cream at Park Outing (RL)2:30-Music & Motion (RL)3:00-Trivia Time	31 (RL)9:30-Exercise (RL)10:00-Wii Games (RL)11:00-Trivia Time 11:30-Puzzle Pass (RL)1:00-Singalong (C)2:00-Resident Council (O)2:00-Outdoor Time	C-Café RL-Resident Lounge BS-Beauty Shop O-Outdoors		