



# January 2024

## Pulaski Health Care Center Activity Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p><b>1</b></p> <p>(RL)9:30-Exercise (C)10:00-Farkle 11:15-Bird &amp; Fish Care (RL)1:15-Funny New Year Resolutions (C)2:15-Bingo</p> <p><i>Happy New Year!</i></p>	<p><b>2</b></p> <p>(RL)9:30-Exercise (BS)10:00-11:30-Pretty Nails &amp; Tunes 11:30-Weekly Chronicle Pass (RL)1:15-Wii Bowling 1:15-Reminiscence Circle Around Atrium (C)2:15-Farkle (C)3:00-Karaoke</p>	<p><b>3</b></p> <p>(RL)9:30-Exercise (C)10:00-Coffee &amp; Conversation (C)10:30-Game Time 11:30-Puzzle Pass (RL)1:15-Wii Bowling (C)2:15-<b>If the Piece Fits Puzzle Group</b> (C)4:00-UMC Church Service</p>	<p><b>4</b></p> <p>(RL)9:30-Exercise (C)10:00-Adult Coloring 11:15-Bird &amp; Fish Care 11:30-Puzzle Pass (RL)1:15-Would You (C)2:15-UNO (C)3:00-Bingo, Cookies &amp; Prizes</p>	<p><b>5</b></p> <p>(RL)9:30-Exercise (BS)9:30-11:30-Massage &amp; Aromatherapy 11:30-Puzzle Pass (RL)1:00-Wii Bowling (C)2:15-<b>Resident Birthday Party</b> (C)3:00-Farkle</p>	<p><b>6</b></p> <p>(RL)9:30-Exercise (C)10:00-Adult Coloring 11:30-Puzzle Pass (RL)1:00-Singalong (C)2:15-Bingo</p>
<p><b>7</b></p> <p>(RL)9:30-UMC Church Video (C)10:30-Game Time 11:30-Puzzle Pass (RL)1:00-Bible Trivia (C)2:15-Game Time</p>	<p><b>8</b></p> <p>(RL)9:30-Exercise (C)10:00-Candy Bingo 11:15-Bird &amp; Fish Care 11:30-Weekly Chronicle Pass (RL)1:00-Wii Bowling (C)2:15-Craft Time (C)3:30-Karaoke</p>	<p><b>9</b></p> <p>(RL)9:30-Exercise (BS)10:00-11:30-Pretty Nails &amp; Tunes 11:30-Puzzle Pass (RL)1:15-Balloon Volley (C)2:15-<b>Isa Plays Piano</b> (C)3:00-Drummin to the Music</p>	<p><b>10</b></p> <p>(RL)9:30-Exercise (C)10:00-Adult Coloring (C)10:30-UNO 11:30-Puzzle Pass (RL)1:15-Wii Game (C)2:15-Painting Creations (C)3:15-Tableball (C)4:00-UMC Church Service</p>	<p><b>11</b></p> <p>(RL)9:30-Exercise (C)10:00-Target Toss 11:15-Bird &amp; Fish Care (RL)1:15-Would You Rather? (C)2:15-Tableball (C)3:00-Bingo, Cookies &amp; Prizes (C)6:30-Four Ever Praise</p>	<p><b>12</b> <small>National Hot Tea Day</small></p> <p>(RL)9:30-Exercise (BS)10:00-11:30-Massage &amp; Aromatherapy 11:30-Puzzle Pass (RL)1:15-Wii Price is Right (C)2:15-<b>Tea &amp; Treats</b> (C)3:30-Farkle</p>	<p><b>13</b></p> <p>(RL)9:30-Exercise (RL)10:00-Wii Game (RL)11:00-Balloon Volley (RL)1:00-Trivia in the Lounge (C)2:15-Bingo</p>
<p><b>14</b></p> <p>(RL)9:30-UMC Church Video (RL)10:00-Bible Trivia 11:30-Puzzle Pass (RL)1:00-Religious Singalong (C)2:15-Adult Coloring</p>	<p><b>15</b></p> <p>(RL)9:30-Exercise (C)10:00-Cooking Club 11:15-Bird &amp; Fish Care 11:30-Weekly Chronicle Pass (RL)1:15-Wii Family Feud 2:15-Snack &amp; Drink Pass (C)3:15-Bingo (C)6:30-Pajama's &amp; Pancakes</p>	<p><b>16</b></p> <p>(RL)9:30-Exercise (BS)10:00-11:30-Pretty Nails &amp; Tunes (RL)1:00-Faces &amp; Places (C)2:15-"As the Page Turns" Story Time (C)3:00-Farkle (C)4:00-Karaoke</p>	<p><b>17</b></p> <p>(RL)9:30-Exercise (C)10:00-Coffee &amp; Conversation (C)10:30-Game Time 11:30-Puzzle Pass (RL)1:15-Wii Family Feud (C)2:15- <b>If the Piece Fits Puzzle Group</b> (C)3:30-Adult Coloring (C)4:00-UMC Church Service</p>	<p><b>18</b> <b>Bingo Day!</b></p> <p>(RL)9:30-Exercise (C)10:00-11:30-<b>Bingo</b> 11:30-Bird &amp; Fish Care 11:30-Puzzle Pass (RL)1:15-Wii Bowling (C)2:15-4:00-<b>Bingo, Snack &amp; Prizes</b></p>	<p><b>19</b></p> <p>(RL)9:30-Exercise (BS)9:30-11:30-Massage &amp; Aromatherapy 11:30-Puzzle Pass (RL)1:15-Balloon Volley (C)2:15-Painting Creations (C)3:30-Karaoke</p>	<p><b>20</b></p> <p>(RL)9:30-Exercise (C)10:00-Adult Coloring (RL)11:00-Would You Rather? (RL)1:00-Wii Game (C)2:15-Bingo</p>
<p><b>21</b></p> <p>(RL)9:30-UMC Church Video (C)10:30-Game Time 11:30-Puzzle Pass (RL)1:00-Bible Trivia (C)2:15-Religious Karaoke (C)3:00-Denham Freewill Baptist Singers</p>	<p><b>22</b></p> <p>(RL)9:30-Exercise (C)10:00-Candy Bingo 11:15-Bird &amp; Fish Care 11:30-Weekly Chronicle Pass (RL)1:15-Wii Bowling (C)2:15-<b>If the Piece Fits Puzzle Group</b> (C)3:15-Karaoke</p>	<p><b>23</b> <b>National Pie Day</b></p> <p>(RL)9:30-Exercise (C)10:00-Tableball (BS)10:00-11:30-Pretty Nails &amp; Tunes (RL)1:15-Faces &amp; Places (C)2:15-<b>Pie and Coffee Social</b> (C)3:00-Drummin to the Music</p>	<p><b>24</b></p> <p>(RL)9:30-Exercise (BS)10:00-11:30-SPA Day (RL)1:15-Balloon Volley (C)2:15-Farkle (C)3:00-Adult Coloring (C)4:00-UMC Church Service</p>	<p><b>25</b></p> <p>(RL)9:30-Exercise (C)10:00-Cover All Dice Game 11:15-Bird &amp; Fish Care 11:30-Puzzle Pass (RL)1:00-Wii Bowling (C)2:15-<b>Stephanie John Sings</b> (C)3:30-Bingo, Cookies &amp; Prizes</p>	<p><b>26</b></p> <p>(RL)9:30-Exercise (C)10:00-Bingo 11:30-Puzzle Pass (RL)1:00-Wii Game (BS)1:15-3:30-Massage &amp; Aromatherapy (C)3:30-Karaoke</p>	<p><b>27</b></p> <p>(RL)9:30-Exercise (RL)10:00-Wii Game (RL)11:00-Balloon Volley 1:00-Puzzle Pass (RL)1:30-Trivia in the Lounge (C)2:15-Bingo</p>
<p><b>28</b></p> <p>(RL)9:30-UMC Church Video (RL)10:00-Bible Trivia 11:30-Puzzle Pass (RL)1:00-Bible Trivia (C)2:15-Game Time</p>	<p><b>29</b></p> <p>(RL)9:30-Exercise (C)10:00-Bingo 11:15-Bird &amp; Fish Care 11:30-Weekly Chronicle Pass (RL)1:15-<b>Monday Matinee</b> (C)2:30-Adult Coloring (C)3:30-Farkle</p>	<p><b>30</b></p> <p>(RL)9:30-Exercise (BS)10:00-11:30-Pretty Nails &amp; Tunes (RL)1:15-Wii Bowling (C)2:15-<b>Isa Plays Piano</b> (C)3:30-"As the Page Turns" Story Time</p>	<p><b>31</b> <b>Hot Chocolate Day</b></p> <p>(RL)9:30-Exercise (C)10:00-Cover All Dice Game (RL)11:00-Funny Animal Video 11:30-Puzzle Pass (RL)1:15-Wii Family Feud (C)2:15-Resident Council (C)3:00-Cookies &amp; Hot Chocolate (C)4:00-UMC Church Service</p>	<p><b>C-Café</b></p> <p><b>RL-Resident Lounge</b></p> <p><b>BS-Beauty Shop</b></p>		

\*Activities Are Subject To Change\*